



BOFAS Annual Scientific Meeting March 2023  
Allied Health Professionals Programme  
Thursday 9<sup>th</sup> March 2023

08.55 – 09.05 Introduction Jodie Breach/Dev Mahadevan

**Session 1**

Chair: Jodie Breach / Howard Davies

09.05 – 09.25 Pathophysiology and Epidemiology of Plantar Heel Pain

09.25 – 09.45 Conservative Management of Plantar Heel Pain

09.45 - 09.55 Imaging of the plantar fascia

09.55 - 10.15 Orthotics considerations for plantar fasciopathy

10.15 – 10.30 Discussion

Jo Benfield

Chris Drake

Dr Nik Kotnis

Nick Gallogly

10.30 – 11.00 Coffee/Tea - Exhibition Hall 2a, Lower Level

**Session 2**

Chair: Nick Gallogly / Callum Clark

11.00 – 11.15 Are there different phenotypes of Plantar Heel Pain?

11.15 – 11.45 Surgical and Injection Options for Plantar Heel Pain

11.45 – 12.00 Discussion

Chris Drake

Matt Solan

12.00 – 13.00 Lunch - Exhibition Hall 2a, Lower Level

13.00 – 14.00 Case Discussion

Chair Howard Davies

Panel: Howard Davies / Jit Mangwani/ Chris Drake / Nick Gallogly

14.00 – 14.30 Bone stress injuries of the foot

Jodie Breach

14.30 – 14.45 Discussion and close

14.45 – 15.25 Coffee/Tea – Exhibition Hall 2a, Lower Level