

### Day 1 - Wednesday 6th March 2024

08.00-08.45	Registration		
08.45-09.00	Welcome	Rick Brown	BOFAS President
09.00-10.45	Instructional 1 Cotting it	Right Second Time – Part 1 The Forefoo	n+
09.00-10.45	Chairs: Howard Davies / Ali	_	St.
	·	s after primary forefoot surgery"	
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09.00-09.10	Transfer Metatarsalgia aft	, - ,	Robert Clayton
09.10-09.20 09.20-09.30	First MTP Malunion – How	nity After First Ray Surgery	Sarah Johnson-Lynn Matthew Welck
09.30-09.40	First Ray Adjacent Joint Ar		James Ritchie
09.40-09.50	Revision Options After a F		Nilesh Makwana
09.50-10.05	Questions/discussion	,	
10.05-10.25	The Maud Forrester-Brow	un l'actura	
10.03-10.23		prefoot Surgery and the Solutions	Barbara Piclet Legré
	Chair: James Ritch		President French Foot &
			Ankle Society
10.25-10.45	Questions/discussion		
10.25 10.45	Questions/ discussion		
10.45-11.15	Coffee/Tea - Hall 1 (Exhibi	tion area)	
11.15-11.40	Keynote Lecture 2		
11.15-11.40		Ankle SurgeryHype, Reality, and The Unl	known
	Chair: Graham Chuter	Professor Ma	Calus V Hogan, Pittsburgh, USA
11.45-13.00	Free Papers 1		
11.15 15.00	Chairs: Devendra Mahadeva	an / Jasdeep Giddie	
		,	
13.00-14.00	Lunch - Hall 1 (Exhibition o	ırea)	
13.15-13.45	"Startina Private Practice &	Medical Indemnity" Soap Box session Ro	obert Clayton (BOFAS Stand)
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14.00-15.15	Instructional 2 – Training F	-&A Surgeons of the Future	
	Chairs: TBC / Ryan Moffatt		
14.00-14.12	The Future of F&A Surgery	in the FRCS Orth	Jarnardhan Rao
14.12-14.24	The Cutting Edge of Simula		Professor Helen Higham
14.24-14.36	Virtual Reality Training in I	•	Togay Koç
14.36-14.48	The Philosophy of BOFAS		Callum Clark
14.48-15.00	Teaching Orthopaedic Sur	gery to an Entire Continent	James Munthali
15.00-15.15	Questions/discussion		
15.15- 15.45	Coffee/Tea - Hall 1 (Exhibi	tion area)	
	,		
15.45-17.00	Instructional 3 – Sports Te	chniques from Across the World	
	Chairs: Callum Clark /Steph	en Kearns	



15.45-16.00 16.00-16.15	ls Arthroscopic Brostrom as Good as Open But Muc My Approach to Multi-Ligament Ankle Instability	h Less Hassle?	Chris Pearce, Singapore Andrew Wines, Sydney
16.15-16.30	Osteochondral Lesions of the Talus in the Adolescent A We Hope For	AthleteWhat We See, W	/hat We Do, and What MaCalus Hogan, Pittsburgh
16.30-16.45 16.45-17.00 17.00-17.15	Management of Achilles Tendon rupture in "weeker Snapping peroneal tendons with and without tears Questions/discussion	nd warriors"	Johnny McKenna, Dublin James Calder, London
17.15-17.30	Keynote Lecture 3 How The BOA & BOFAS Can Work Together in the Chair: Rajesh Kakwani	Future Simon	Hodkinson, BOA President
17.35-18.00	Keynote Lecture 4 Optimizing Outcomes In Bone Infection Chair: Rajesh Kakwani	Professor Martin McNall	ly, University of Oxford
17.30-17.35	Questions/discussion		
18.00-19.00	Poster Presentation, viewing & Drinks Reception -	- Hall 1	



	Day 2 - Thursday 7th March 2024	
08.00-08.45	Registration	
Main Auditoriu Session 1		
Session 1	Hot Topic Update Session	
	Chairs: Verity Currall / Jim Carmichael	
09.00-09.12	The Four BOASTs for Ankle Arthritis	Martin Raglan
09.12-09.22	Why Regulation Matters in Orthopaedic and Podiatric Foot Surgery	Paul Halliwell
09.22-09.30	The Editor's Vision for "The Foot "Journal	Tim Clough
09.30-09.45	How BOFAS is Addressing Equity, Diversity & Inclusion	Anna Chapman
09.50-10.30	The Foot & Ankle Ryder Solheim Cup Five Case "Controversies" with an audience vote Chairs: James Ritchie / Charline Roslee	
Captains: Rest	of: Andrew Wines (Australia) Europe :	Mark B Davies (UK)
the	Chris Pearce (Singapore)	Andy Adair (Belfast)
Woi	3 ( , , ,	Yves Tourné (France)
	James Muthali (Zambia)	Andrea Sott (Gerany)
/	Krishna Vemulapalli (India)	Barbara Piclet (France)
10.30-11.00	Coffee/Tea	
Session 2	AHP Meeting (Hall 1D	
09.00-10.30	Session 1 Chronic Ankle Instability	
11.00-12.00	Session 2 The Surgery for Chronic Ankle Instability	
11.00 12.00	Session 2 The surgery for emonie runde historialy	
Session 3	Academic Forum (Studio)	
09.00-10.30	Registrar/Fellows Simulation Training Session	Scientific Committee
11.00-12.00	Registrars/Fellows Session (Studio) Limited 16 places	Professor Helen Higham
11.00-12.00	Patient Safety and Human Factors Session	Professor Helefi Higham
	, and	
12.00-12.45	Fellows Fair – meet the Fellowship Trainers at the BOFAS Stand (Hall 1)	
Session 4	Industry Workshops (2 <sup>nd</sup> Floor Meeting rooms 1 - 3)	
08.30-12.00	Industry Workshops x 6	
12.00-13.00 12.00-12.30	Lunch Diversity in Foot & Ankle Surgery Soap Box session Anna Chapman@ BOFA	C Ctand (Hall 1)
12.00-12.30	Diversity in Foot & Alikie Surgery Soup Box session Alinu Chapillane BOFA	S Stana (Hall 1)
Session 5		
12.45-14.50	AGM - Full members only	
Session 6	AHP Meeting (Hall 1D) Rheumatology Patients in our Foot and Ankle Clinics	
13.00-14.45	Session 3	
Session 7	Registrars/Fellows Session (Studio)	
10.00.11.1	negistrars/reliews session (studio)	

13.00-14.45 Session 4 Recent Advances



14.50-15.25	Coffee/Tea (Hall 1)	
Main Auditoriu	ım	
15.25-16.10	Free Papers 2	
	Chairs: Sarah Lynn-Johnson / John Wong	
16.15-16.35	History of Surgery Lecture	
	A Walk on the Wilde Side	James Ritchie
	Chair: Vivek Dhukaram	
16.40-18.05	Instructional 4 – Foot and Ankle Tumours	
	Chairs: Nick Cullen / Senthil Kumar	
16.40-16.48	Epidemiology of Foot and Ankle Tumours	Professor Paul Cool, Oswestry
16.48-17.00	Radiology of Foot and Ankle Tumours	Noel Napier, <b>Belfast</b>
17.00 -17.12	Bad Benign Tumours	Dave Warnock, Belfast
17.12-17.28	Malignant Tumours	Professor Paul Cool, Oswestry
17.28-17.40	How to Avoid Being Sued Over a Tumour in the Foot	Professor Max Gibbons, Oxford
17.40-17.55	Questions/discussion	
22.22.22.22		
20.00-23.00	Gala Dinner, Belfast City Hall	
23.00-Later	Traditional Music, The Hilton Hotel	



### Day 3 - Friday 8th March 2024

08.30-09.00	Registration	
09.00-10.15	Free Papers 3 Chairs: David Loveday / Adam Devany	
10.15-10.40	Keynote Lecture 6 The Burden of Foot & Ankle Trauma in Africa Chair: Kartik Hariharan	James Munthali, Zambia
10.45-11.50	Instructional 5 - "Missed Injuries of the Foot" Chairs: Mark B Davies / Gary Colleary	
10.45-10.55	Open or Arthroscopic FHL augment after Chronic Achilles Rupture	Carolyn Chadwick
10.55-11.05	Anterior Tendon Ruptures (Tib Ant & EHL)	Anand Pillai
11.05-11.15	When to Fix a Lateral Process Fracture of the Talus	Alistair Wilson
11.15-11.30	Update on Lis franc Injuries	Jit Mangwani
11.30-11.40	The Chronic Turf Toe	Steve Kearns
11.40-11.50	Questions/discussion	
11.50-12.20	Brunch/Coffee/Tea - Hall 1 (Exhibition area)	
12.20-13.20	Surgical Tricks to Take Back Home Chair: Krishna Vemulapalli / Tim Williams	
13.20-13.40	Prizes and Presidential Handover	
13.40	Meeting end	
13.45-15.45	Learn before you Fly – Extra Industry Workshop with Arthrex Contact Rebecca Mayer for further information and to book your place! Rebecca.Mayer@arthrex.co.uk	



### AHP Programme (TBC)

Thursday 7th March 2024 Hall 1D, ICC Belfast

08.00-08.45	Registration	
	Chronic Ankle Instability each / Rajesh Kakwani	
09:05-09:15 09:15- 09:25 09:25-09:40 09:40-10:20 10:00-10:20 10:20-10:30	Introduction Pathophysiology and epidemiology of chronic ankle instability Imaging of the chronic ankle instability Physiotherapy management of chronic ankle instability Orthotic management of chronic ankle instability Discussion	Jodi Breach Graham Chuter Veronica Roberts Paul Kirwan Sean Savage
10:30-11:00	Coffee/Tea (Hall 1)	
	The Surgery for Chronic Ankle Instability Lac Niocaill / Paul Kirwan  The surgical assessment & management of chronic ankle instability Chronic ankle instability with OCD talus	Yves Tourné
11:45-12:00	Discussion	Johnny McKenna
12:00-13:00	Lunch Hall 1 (in main exhibition room)	
13:00-13:30	Complex Case Discussion Chair: Andrew Wines / Jodie Breach Panel: Yves Tourné / Johnny McKenna / Paul Kirwan / Rajesh Kakwani	
Inflammatory	Foot & Ankle Problems	
13:30-13:45 13:45-14:00	Inflammatory conditions masquerading as tendinopathies Peri-operative management of disease modifying agents in inflammatory of	Paul Kirwan arthropathies Rajesh Kakwani
14:00–14:15 14:15-14:30	Surgical management of rheumatoid forefoot Discussion	Paul Moroney
14:45-15:25	Coffee/Tea (Hall 1)	
15:25	Return to main plenary sessions (Hall 2)	



### Fellows & Registrars Programme

Thursday 7<sup>th</sup> March 2024 Studio, ICC Belfast

08.00-08.45	Registration
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#### Education Session 1 Academic Forum (Studio)

Chairs: Sarah Johnson-Lynn / Dave Townshend

09.00- 09.30	Why I chose a career in Academic Orthopaedics	Professor MaCalus Hogan
09.30- 09.40	UK-FATE the inside track and how to set up a national collaborative	Karan Malhotra
09.40- 09.55	Academic Career Pathways	Sarah Johnson-Lynn
09.55- 10.10	How the NIHR can help your Research	Dave Townshend
10.10- 10.30	Questions and Discussion	

10:30-11:00 Coffee/Tea (Hall 1)

11.00-12.00 Industry Workshops (2nd Floor Meeting rooms 1 - 3)

11.00-12.00 Patient Safety & Human Factors Workshop (Studio) Professor Helen Higham (Pre-book only 16 places) "Safer Foot & Ankle Surgery — excising the blame culture"

12.00-13.00 Lunch

12.00-12.30 Diversity in foot & ankle surgery - Soap Box session Anna Chapman@ BOFAS Stand (Hall 1)

#### **Education Session 2** Recent Advances

Education Session (13:00- 14:45)
Chairs: Dessie Gibson / Prashant Singh

13:00-13:05 Malawi Fellowship Experience	Ashanka Wijendra
13.05 -13.20 Indications, Contraindications + Tips & Tricks of Lapidus procedure	Kartik Hariharan
13.20 -13.35 Recent advances in Heel Pain (Achilles tendinitis, Plantar Fasciitis, Tarsal tunnel	Andrew Wines
13.35- 13.50 Management of 4th & 5th TMT joint Arthritis-	Adrian Kendal
13.50- 14.05 Role of Deltoid repair in acute Trauma	Chris Pearce

#### Life as a New Consultant

14.10- 14.25 How to be an effective Leader-	Alistair Wilson
14.25-14.40 Burnout in Surgeons. Walk it Off!	Janardhan Rao

#### 14:45-15:25 Coffee/Tea (Hall 1)

15:25 Return to main plenary sessions (Hall 2)