

BOFAS Approved Foot and Ankle Fellowship Application form

TITLE OF FELLOWSHIP	Diabetic Foot Fellowship
CHIEF SUPERVISOR/MAIN CONTACT	Mr Madhu Tiruveedhula
SUPERVISORS	Mr Madhu Tiruveedhula Mr Arijit Mallick
CONTACT DETAILS	madhu.tiruveedhula@nhs.net
LENGTH	12m
SALARIED	Yes, at Middle grade level
DESCRIPTION AND AIMS	<p>Aim of Fellowship- To provide a comprehensive clinical and operative experience in the management of diabetic foot related conditions.</p> <p>Description- The post is based in the orthopaedic department of Basildon hospital, part of Mid & South Essex University Hospital, affiliated to Anglia Ruskin university.</p> <p>The orthopaedic Diabetic unit is a part of the Basildon Diabetic MDT, which meet once a month for virtual MDT to discuss all the new patients seen in the previous month and once a week on ad-hoc basis face-to-face MDT clinic as per the needs of individual patients.</p> <p>A typical week will include full day of Diabetic foot clinic on Monday (AM by Mr Tiruveedhula and PM by Mr Mallick) where all the new referrals from the virtual MDT meeting, community podiatry team,</p>

	<p>post-operative patients and follow-up patients are seen.</p> <p>In the Monday clinic following procedures are undertaken-</p> <ul style="list-style-type: none"> - Debridement of callosity - Dressing changes - Application of Total contact cast <p>Minor surgical procedures:</p> <ul style="list-style-type: none"> - Percutaneous Tendo-Achilles lengthening - Toe Flexor tenotomy <p>Tuesday full day- Theatre list by Mr Mallick which has combination of diabetic and non-diabetic foot & ankle patients.</p> <p>Friday full day- Theatre list by Mr Tiruveedhula which has a combination of diabetic and non-diabetic pts including paediatric patients requiring foot and ankle procedures</p>
TIME TABLE	<p>Monday AM- Diabetic Foot Clinic (Mr Tiruveedhula)</p> <p>Monday PM- Diabetic Foot Clinic (Mr Mallick)</p> <p>Tuesday AM and PM- Elective theatres (Mr Mallick)</p> <p>Wednesday PM- Fellow operating list</p> <p>Thursday AM- Dressing clinic</p> <p>Thursday PM- Research/ Audit</p> <p>Friday AM and PM- Elective theatres (Mr Tiruveedhula)</p> <p>Additional duties- Part of Middle grade on-call rota</p>
PREVIOUS FELLOWS	<p>Mr Achal Goyal</p> <p>Mr Panos Poulis</p>