

## **Guy's and St. Thomas' Hospitals Foot and Ankle fellowship**

The GSTT fellowship is a highly popular fellowship which has been established since 2008. Guy's and St Thomas' hospitals are flagship central London teaching hospitals with large volume of referrals from both secondary and tertiary care. The hospital is nationally and internationally recognised for excellence and innovation.

The orthopaedic unit benefits from having a ring-fenced elective centre at Guys hospital, allowing efficient and high volume elective practice. The fellows are therefore exposed to a large number of forefoot and hind-foot cases and benefit from the opportunity to progress to independent operating towards the end of the programme, preparing them for consultant practice.

You will also benefit from being exposed to and working with 3 fellowship trained consultant foot and ankle surgeons and thus experiencing a breadth of clinical and surgical skills.

All previous fellows have gone into sought after national and international consultant posts and have been trained to be confident at tackling all aspects of Foot and Ankle pathology.

### **Chief Supervisor:**

Ali Abbasian, FRCS (Tr & Orth)

### **Other Clinical Supervisors:**

Roland Walker, FRCS (Tr & Orth)

Ahmed Latif, FRCS (Tr & Orth)

### **Contact details:**

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### **Length of fellowship:**

12 months

### **Essential Criteria:**

This is a senior fellowship and a senior ST level experience in managing the general orthopaedic patient is expected. The ideal candidate has completed their FRCS (Tr & Orth) examination and has also attained their certification of completion of training (CCT) or has at least completed all indicative surgical requirements outside of foot and ankle surgery.

We would expect a minimum of 6 month posting in Foot and ankle surgery during your previous training and will look for evidence of dedication to the sub speciality including published work and national presentations.

The fellow is expected to have had a good exposure to common foot and ankle pathology; be proficient in clinical evaluation as well as forming management plans for a routine elective foot and ankle outpatient; and be able to perform routine forefoot surgery under direct supervision.

### **Dedicated Departmental Staff:**

- 3 Foot and ankle Consultants
- 1 Locum Foot and Ankle consultant
- 1 Senior Fellow (this post)
- 1 Specialist trainee (London Deanery)
- 1 Physician's Associate
- 1 Clinical Nurse Specialist (CNS)
- 1 Medical secretary

- Additional ward cover provided at Guy's hospital through a surgical core trainee rota.

### **Expectations:**

- The fellow is based at Guy's hospital but may occasionally be required at the St. Thomas' site.
- After 12 months with the unit, our ambition is to train our fellow to be a confident junior consultant, able to manage all aspects of foot and ankle surgery independently.
- The fellow will be exposed to some independent operating lists towards the latter parts of the fellowship and in some cases sooner.
- All consultants are readily available and the fellow is supervised at all times by at least one of the consultant on site.
- You will gain exposure to all aspects of foot and ankle surgery including sports, reconstructive, neuromuscular, major deformity, arthroscopy and minimal invasive surgery.
- We have large tertiary referral streams from the lupus and haemophilia centres at Guys, as well as referrals from hospitals throughout southeast of England for total ankle replacements, revision total ankle replacements including those with significant bone loss, as well as other complex hind foot reconstructions.
- The fellow currently has no on-call commitments but plays a key role in managing foot and ankle trauma from the on-call service at St. Thomas'. You will therefore be exposed to some foot and ankle trauma such as ankle, pilon, lisfranc and calcaneus fractures, however you are unlikely to manage complex trauma, as those are treated in nearby regional major trauma centres.
- We have recently established a diabetic foot service and you will have an opportunity to contribute to the regional MDT meetings. Any major Charcot reconstruction however would be referred to the nearby regional centre.
- We run a fortnightly MDT meeting that the fellow is expected to manage and lead on.
- The fellow is also responsible to over see the management of the elective surgical in-patients together with the PA and the Specialist trainee. This includes attendance of daily physical ward rounds.
- There is a dedicated weekly research session, and we expect the fellow to complete at least two clinical projects in their time with us. You are expected to attend, as well as submit your work to the BOFAS annual meeting.
- You will be recommended for full BOFAS membership at the conclusion of your fellowship.
- Study leave and allowance is available as per national agreements.

### **Past Fellows:**

- ✓ Crispin Southgate
- ✓ Htwe Zaw
- ✓ Justin Forder
- ✓ Paul Hamilton
- ✓ Nadeem Mushtaq
- ✓ Randhir Frances
- ✓ Roland Walker
- ✓ Ahmed Latif
- ✓ Bal Dhinsa
- ✓ Ziad Harb

- ✓ William Nash
- ✓ Tom Hester
- ✓ Radian Faroug
- ✓ Oliver Chan
- ✓ Grace Yip
- ✓ Razi Zaidi
- ✓ Caroline Bagley