



## UK FOOT AND ANKLE FELLOWSHIP QUESTIONNAIRE

The BOFAS education committee aim to ensure that F&A Fellowships remain of a high educational standard. It is felt that a good quality F&A Fellowship should provide a balance between surgical practice in theatre and of decision making in outpatients, with at least two clinics and at least three theatre sessions per week. There should be a regular MDT meeting, study leave with both protected time and budget, a paid session for research or audit and a clear mechanism for feedback.

We would be grateful if you could give a summary of your fellowship below.

Name of Fellowship	Fortius Clinic F&A fellowship with Prof. Calder
Year of Fellowship	2019-2020
What was the annualised total number in your log book? (ie if 6/12 then double)	400
What was the % of cases that you were the lead surgeon for most of the procedure?	20%
How many academic publications are you highly likely to submit from your Fellowship (be honest)?	2
What were the highlights?	<ul style="list-style-type: none"> <li>• Really high exposure to elite level sports medicine foot and ankle pathology and surgeries</li> <li>• Ample opportunity to also learn about the rehabilitation after surgery/ conservative physiotherapy treatment. (visits to Isokinetic, Harlequins rugby club rehab etc)</li> <li>• Great exposure to learn minimally invasive foot and ankle surgery and advanced arthroscopy.</li> <li>• Multidisciplinary meetings with other foot and ankle surgeons, radiologist, sports medicine doctors, rheumatologists, physical therapists and podiatrists.</li> <li>• Excellent weekly Friday morning radiology meeting: one hour of discussing cases and proper education.</li> <li>• Plenty of opportunity to visit conferences: FISIC, BOFAS, ESSKA</li> </ul>



British Orthopaedic Foot & Ankle Society

	<p>specialty days Foot and Ankle, VOCA; Sports Injuries lower extremities.</p> <ul style="list-style-type: none"><li>• Travelling fellowship with other fellows to the Netherlands visiting other surgeons and sports medicine facilities.</li><li>• Specialty training: BOFAS fellows cadaver course, ESSKA advanced arthroscopy course.</li><li>• Excellent research opportunities that will result in the publication of peer reviewed articles</li><li>• Logistics: email, access cards etc all very well organized</li><li>• Access to reading resources</li><li>• Networking opportunities</li><li>• Most importantly just really excellent mentorship</li></ul>
Any other comments	