

UK Fellowship Questionnaire

Did the Fellowship fulfil the BOFAS criteria Yes

A good quality F&A Fellowship should provide a balance between surgical practice in theatre and of decision-making in outpatients, with at least two clinics and at least three theatre sessions per week. There should be a regular multi-disciplinary team meeting, study leave with both protected time and a budget, a paid session for research or audit and a clear mechanism for feedback.

Please answer these questions in the free text box below.

1. Which Year? 2019
2. What was the annualised total number in your log book? (ie if 6/12 then double)
208 X 2 = 416
3. What was the % of cases that you were the lead surgeon for most of the procedure?
82%
4. How many academic publications are you highly likely to submit from your Fellowship (be honest)?

I have submitted 1 publication .

5. What were the highlights?

I feel delighted in sharing my experience of training with Northumbria Foot and Ankle department.

Firstly, I would like to thank the excellent teaching skills and affable personality of all four consultants which helped me tremendously through my journey.

Without constructive feedback and regular appraisal of my clinical and surgical skills, the rotation would have been more challenging. Besides, the weekly MDT give excellent exposure to complex foot and ankle cases, which enhanced my decision-making abilities.

Further, there was a right mixture of straightforward and complex cases in the clinics which helped me to hone my examination skills, and develop a solution-oriented approach. More importantly, I enjoyed the operative experience while in the department. I want to emphasize, that I was always encouraged to read the procedures and formulate a treatment plan beforehand and present in exam simulated condition before every theatre session, which is something I have never experienced before in any other rotation. Also, the department offers excellent research opportunities and guidance. As a result, I was able to liaise and complete a multicentre study in 6months.

Above all, I have learned a lot from Mr. Kakwani concerning the approach to training and the best utilization of available resources and time. I thank him for being a remarkable trainer and feel grateful to have had Mr. Kakwani as the



supervisor. I would highly recommend this job to trainees at all stages of their training. It would be a fantastic fellowship opportunity for those seeking a career in foot and ankle surgery.

By completing this and returning it to administrator@bofas.org.uk, you are giving your consent for us to publicise this on the BOFAS Website.