

# 24th Stanmore Foot & Ankle Course

## 14<sup>th</sup> to 16<sup>th</sup> May 2019

Aimed at Consultant Orthopaedic Surgeons, Higher Surgical Trainees & Orthopaedic Career Grades, this course aims to give an up-to-date advanced theoretical, as well as practical, hands-on instruction in the management of adult foot disorders.

<b>Day One FOREFOOT</b>	<b>Day Two ANKLE &amp; HINDFOOT</b>	<b>Day Three TRAUMA</b>
<b>HALLUX VALGUS</b> <ul style="list-style-type: none"><li>• Evaluation &amp; Indications</li><li>• Distal</li><li>• Scarf</li><li>• Lapidus</li></ul>	<b>ANKLE LIGAMENT INJURIES</b> <ul style="list-style-type: none"><li>• Ankle Sprain</li><li>• Peroneal Tendon Disorders</li><li>• Achilles Tendon disorders</li><li>• Talar OCLs</li></ul>	<b>HINDFOOT, ANKLE FRACTURES</b> <ul style="list-style-type: none"><li>• Ankle</li><li>• Talus</li><li>• Pilon</li><li>• Calcaneus</li></ul>
<b>FOREFOOT DISORDERS</b> <ul style="list-style-type: none"><li>• Metatarsalgia</li><li>• Lesser Toe Disorders</li><li>• Sesamoid Disorders</li><li>• Hallux Rigidus</li><li>• Ingrowing Toenail</li></ul>	<b>ARTHRITIS OF THE ANKLE</b> <ul style="list-style-type: none"><li>• Total Ankle Replacement</li><li>• Ankle Arthrodesis</li></ul>	<b>MISCELLANEOUS</b> <ul style="list-style-type: none"><li>• Ankle Arthroscopy</li><li>• Subtalar arthroscopy</li><li>• Plantar Fasciitis</li><li>• MRI</li><li>• Plain Radiography</li></ul>
<b>THE FOOT IN SYSTEMIC DISEASE</b> <ul style="list-style-type: none"><li>• Rheumatoid Foot</li><li>• Diabetic Foot</li></ul>	<b>HINDFOOT</b> <ul style="list-style-type: none"><li>• Tibialis posterior dysfunction</li><li>• Tarsal Coalition</li><li>• Pes Cavus</li><li>• Midfoot Arthritis</li></ul>	<b>LISFRANC &amp; FOREFOOT INJURIES</b>
<b>WORKSHOPS</b> <ul style="list-style-type: none"><li>• Distal osteotomy</li><li>• Scarf 1st osteotomy</li><li>• Lapidus</li></ul>	<b>WORKSHOPS</b> <ul style="list-style-type: none"><li>• Surgical approaches</li><li>• Hindfoot arthrodesis</li><li>• Clinical examination</li></ul>	<b>WORKSHOPS</b> <ul style="list-style-type: none"><li>• Soft Tissue Repair</li><li>• Os Calcis fractures</li><li>• Shoes &amp; insoles</li></ul>

**CPD:** Applied for 18 BOA CPD credits

**Registration Fee:** Course fee & dinner £375, Course fee only - £350  
*Fee is inclusive of all course materials, lunch & refreshments*  
*No. of delegate spaces – 40, No. of expected faculty – 25*

**Convenors:**  
Mr Nick Cullen, FRCS (Orth), RNOH NHS Trust  
Mr Nick Geary, FRCS, Wirral  
Mr Matt Welck, FRCS (Orth), RNOH NHS Trust

**Invited International Faculty**  
Dr Jan Louwrens. Netherlands  
Dr Alexej Barg, USA  
Dr Wolfram Wenz, Germany

**Venue:** **Hilton Hotel Watford**  
A41 bypass, Watford WD25 8HA, United Kingdom

To register please contact Jo Millard, Course Organiser by e-mail at [stanmorecourse@icloud.com](mailto:stanmorecourse@icloud.com)