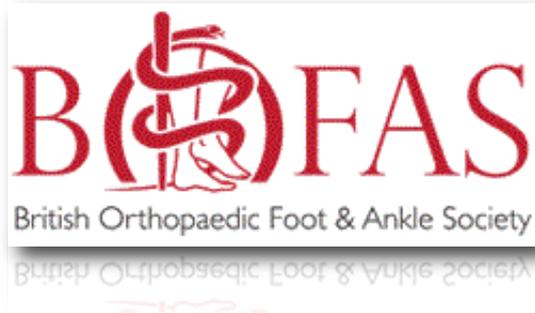




BRITISH ORTHOPAEDIC FOOT & ANKLE SOCIETY



Introduction

British Orthopaedic Foot and Ankle Society

4th New Consultants Course

7th Nov – 8th Nov 2024, Coventry



Dear New Foot and Ankle Consultant,

Welcome to the fourth BOFAS New Consultants Course.

Congratulations on your appointment as a Consultant in the NHS! It is an exciting time and something you should be incredibly proud of. Well done!

We also know that this time can be challenging in ways that you might not have imagined, and this course has been designed to support you on your journey and to provide a valuable opportunity for networking with peers and established BOFAS members.

The course itself is deliberately interactive: there will be no long didactic lectures and there is no traditional faculty/delegate split. Each mini-session of short talks is followed by discussion time, which you will also take turns to chair in order to encourage all of those around the table to contribute. We encourage you to participate and join in the discussion as we are here to talk through your experiences, expectation and concerns about your new life as a Consultant.

The course faculty are experienced and approachable educators who have participated on other BOFAS courses and are looking forward to benefiting as much from the course as you are. Please pick their brains at every opportunity, as that is very much the spirit of this particular meeting.

We hope that you will enjoy the cadaveric day, which will give you an opportunity to learn some tips and tricks from the faculty and consolidate your learning from your time in training and on Fellowship and to perform any procedures which you might not have the opportunity to do regularly.

This course is a great opportunity for networking, both locally and nationally. Please read all the bios of the faculty and delegates and take the opportunity for discussion.

Finally, we must also look to the future, and given that the course is designed specifically for you and future new consultants, we will be relying very much on your feedback to shape its development and improvement. We would be very grateful if you would complete the online feedback form, which will be emailed to you at the end of the course. If there is anything in particular that we have not covered that you think would be useful, please do let us know.

Enjoy it! We look forward to meeting with you and sharing our experiences.

Vivek Dhukaram
Course Directors
BOFAS Education Committee

BOFAS Course Faculty

**Vivek Dhukaram (Course Director)**

Vivek Dhukaram is a Consultant Orthopaedic Surgeon with subspecialist interest in foot and ankle surgery based at University Hospitals Coventry & Warwickshire NHS trust (UHCW). He was trained and accredited as an Orthopaedic Surgeon from South Trent training scheme. He undertook advanced fellowship training from Nottingham and RNOH Stanmore and also awarded British Orthopaedic Foot and Ankle Society and European Foot and Ankle Society travelling fellowships. He has set up the specialist Foot and Ankle service at University hospitals Coventry and Warwickshire and continues to develop it. Vivek regularly teaches in the national and international courses. He examines for the FRCS Orth and international FRCS Orth and currently serves on the Education committee BOFAS.

**Iain Bissell**

Iain Bissell studied medicine at St. Bartholomew's Hospital, London. His orthopaedic training was in Oxford and Southampton then completed with fellowships in limb construction then foot and ankle surgery. In 2006 he was appointed as the first Orthopaedic Foot & Ankle Surgeon in Hereford. He developed the service, including forming & leading the Diabetic Foot Team. He has been an award winning Clinical Director for the department. Then Associate Medical Director for Productivity across three Trusts. He has sat on the Local Negotiating Committee for >10 years. Currently is Job Planning Lead for Hereford. He has a particular interest in equitable, productive and fair job plans.

**Anna Chapman**

Anna Chapman is a Consultant Trauma and Orthopaedic Surgeon at University Hospitals, Coventry and Warwickshire, with a specialist interest in Foot and Ankle surgery. She qualified from Guy's, King's and St. Thomas's Hospitals School of Medicine in London and completed her Orthopaedic training on the Warwick rotation. She undertook Fellowship training in Bournemouth and Bristol and was appointed as a Consultant in 2012. She completed a Masters Degree in Medical Education at the University of Warwick in 2010 and continues to pursue her interest in all things educational. Anna is currently the Lead Training Programme Director for the West Midlands and is a member of the Specialist Advisory Committee. She has served two terms on the BOFAS Education Committee (2015-2023) and is currently the Lead for Equality, Diversity and Inclusion for BOFAS.

**Callum Clark**

Callum Clark graduated from Cambridge and completed his orthopaedic training in the north west London training programme, the Royal National Orthopaedic Hospital, Stanmore and Melbourne, Australia. He was appointed as a consultant orthopaedic surgeon at Heatherwood and Wexham Park hospitals in 2004 and has a busy foot and ankle surgical practice. He has run an accredited postgraduate Foot and Ankle fellowship programme since 2007, regularly teaches at regional and national courses is co-convenor of a Foot and Ankle Trauma course for SpRs. Elected to EdComm 2013 and 2016.

Callum is the current BOFAS Education Committee Chair.

**Mark B Davies**

Mark B Davies is a graduate of Southampton University from 1993 who subsequently underwent specialist training in Sheffield. He undertook two Fellowships, one in trauma and limb reconstruction in Sheffield and the other in adult foot and ankle surgery in Brisbane in 2005. He is a consultant and honorary clinical lecturer in the Sheffield Foot and Ankle Unit, the lead for undergraduate education in orthopaedic surgery and the SFAU lead for research and audit. Mark has served two terms as BOFAS Honorary Secretary and is the current BOFAS President.

BOFAS Course Faculty



Yaser Ghani

Yaser Ghani is a Consultant Orthopaedic Foot & Ankle surgeon working at the Homerton University Hospital. He completed his undergraduate training at UCL in London and completed his specialty training in London (Stanmore rotation). He undertook Foot & Ankle fellowships in Windsor, St. Marys's London and Oxford. He has a special interest in complex foot and ankle deformity, ankle arthritis (including replacements) and complex foot and ankle trauma.

He is actively involved in research, education and initiated the BOFAS 'Lectures of Distinction' Webinar series with the BOFAS Educational Committee and became the first non-consultant to become part of the BOFAS Education Committee.



Annabel Hayward

Annabel Hayward is a consultant in NHS Lanarkshire in the West of Scotland. She has a subspecialty interest in Foot and Ankle and Paediatrics. Annabel graduated from the University of Aberdeen in 2009 and completed her Trauma and Orthopaedic training in the West of Scotland. Annabel undertook fellowship training in Glasgow and Manchester and commenced her current post as a Consultant in Trauma and Orthopaedic Surgery in August 2022.



Venu Kavarthapu

Venu Kavarthapu completed his higher surgical training in Trauma and Orthopaedics from south-east Thames rotation before his appointment as a Consultant Orthopaedic Surgeon in King's College Hospital, London in 2006. In addition to providing adult foot and ankle service, he established the functional limb salvage Charcot foot reconstruction service at King's multi-disciplinary diabetic foot unit that is recognised nationally. He lectures nationally and internationally and established the 'Multidisciplinary and Surgical Reconstruction of Charcot Foot' symposium and 'Charcot Foot Reconstruction Cadaver Workshop' in London. He is actively involved in research and published several scientific articles in foot and ankle. His other responsibilities include associate professor, University of Southern Denmark, associate editor Journal of Clinical Orthopaedics and Trauma. He is the immediate past-president International Association.



Nilesh Makwana

Nilesh Makwana is from Birmingham and qualified from St George's Hospital Medical School, University of London in 1989. He completed his specialist registrar training in the Trent region and was appointed Consultant Trauma & Orthopaedic surgeon at the Robert Jones & Agnes Hunt Orthopaedic Hospital, Shropshire and the Betsi Cadwaldr University Health Board in 2001. He is a Specialist Foot and Ankle Surgeon treating all conditions of the adult foot and ankle. His area of expertise include forefoot surgery, mid and hindfoot reconstruction and arthroscopy. He has developed a specialist interest in Autologous Chondrocyte transplantation in the ankle.



Giles Pattison

Giles graduated from University College London in 1991. His surgical training was in Bristol. Having completed his fellowship training at SickKids in Toronto he was appointed to a consultant post at University Hospitals Coventry and Warwickshire in 2005. He completed a masters in medical education at the University of Warwick. Giles has been TPD of the Warwick programme and is currently a member of the SAC. He has served as departmental chair and Head of Surgery. Giles has a wide ranging paediatric practice, which includes trauma, with an increasing numbers of children with foot disorders.

BOFAS Course Faculty



Hiro Tanaka

Hiro Tanaka is a Consultant Orthopaedic Surgeon in Newport, South Wales. He is passionate about improving the quality of surgical training and promoting clinical leadership in the NHS. He designed the BOFAS Principles Course on behalf of the Education Committee in 2010 and continues to be a member of the committee. He is Chairman of the Education and Revalidation Committee of the BOA and is an examiner for the FRCS (Orth).

Hiro is the current BOFAS Treasurer.



Tim Williams

Tim Williams graduated from Guy's and St. Thomas' Medical School in 1999, completed his surgical training in London and East Anglia before undertaking his fellowship training at the Royal National Orthopaedic Hospital. He was appointed as Consultant Foot and Ankle Surgeon at Colchester in 2011. Here he has established a working and educational relationship with the British army garrison, supporting the Regional Rehabilitation Unit.

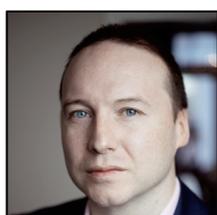
His education interests include training junior doctors as well as allied healthcare practitioners and he has taught on the Oxbridge theatre personnel course.

Tim is a member of the BOFAS Education Committee and Overseas Sub-Committee.



Aureola Tong

Aurey is a graduate of Guy's, King's and St Thomas' School of Medicine. She completed junior training in London, Oxford and Swindon before starting her registrar training on the Wales rotation in 2007. After a decade of training less than full time (and three kids later), a MSc in Orthopaedic Engineering, then full time fellowships in Paediatric orthopaedics (Cardiff) and Foot and Ankle Surgery (Bristol), she joined Royal Glamorgan Hospital (part of Cwm Taf Morgannwg University Healthboard) as a Consultant in 2020. She organised the specialist trainee Foot and Ankle block for the Wales rotation in 2023.



Jonathan Young

Jonathan Young was appointed at UHCW in July 2012 having completed his specialist registrar training as part of the Warwick programme and fellowships in Trauma/Limb Reconstruction and Foot and Ankle surgery. He has been the Trauma Lead within the T&O department in July 2013 and concomitantly the Major Trauma Governance lead for the trust in 2014. In 2017 he was appointed to CD for T&O and in 2019 was appointed to be Group CD for the division of Trauma and Neuro Services. From 2024, he was appointed as CMO of UHCW. He has a subspecialty interest in all foot and ankle trauma and open fractures.

Delegates

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Delegate Groups Thursday | Tables Friday

	Group A	Group B	Group C	Group D
Delegates Thursday Groups				
Delegates Friday Tables	Table 1 Table 2	Table 3 Table 4	Table 5 Table 6	Table 7 Table 8

Faculty Groups Thursday | Tables Friday

Faculty Groups for Session 4	Group 1	Group 2	Group 3	Group 4
	Bissell Ghani Tanaka	Chapman Kavarthapu Williams	Clark Pattison Hayward	Davies Tong Young

Faculty Mentors for Groups	Group A	Group B	Group C	Group D
Mentors	Bissell Ghani Tanaka	Chapman Kavarthapu Williams	Clark Pattison Hayward	Davies Tong Young

Faculty Day 2 tables	Table 1	Table 2	Table 3	Table 4
	Anna Chapman	Iain Bissell/Pattison	Callum Clark	Mark Davies/Hayward
	Table 5 Yaser Ghani	Table 6 Nilesh Makwana	Table 7 Hiro Tanaka/Tong	Table 8 Tim Williams

Thursday 7th November 2024
Coombe Abbey Hotel, Coventry
Cloisters Suite

09:30-10:00	Coffee/Delegate Registration/All Faculty Brief	
10:00-10:10	Welcome and Introduction	Vivek Dhukaram
10:10-11:35	<u>Session 1: Welcome to your new life!</u> <i>Faculty Chairs: Annabel Hayward / Aureola Tong</i>	
10:10-10:22	Working with the Trainee	Anna Chapman
10:22-10:34	Managing your own complications	Mark B Davies
10:34-10:46	Job Planning PA / Appraisal working with CD/Managers	Iain Bissell
10:46-11:35	Structured Discussion with Speakers & Chairs in 2 Groups	

Room	Cloisters	Kellway
Faculty Chairs		
Delegates	Groups A&B	Groups C&D

11:35-11:55 **Coffee Break – 20 minutes**

11:55-13:20	<u>Session 2: How to manage difficult situations</u> <i>Faculty Chairs: Annabel Hayward / Aureola Tong</i>	
11:55-12:07	Dealing with complaints and litigation	Jonathan Young
12:07-12:19	Working with a difficult colleague/s and communication	Giles Pattison
12:19-12:31	Burnout in surgeons	TBC
12:31-13:20	Structured Discussion with Speakers & Chairs	

Room	Cloisters	Kellway
Faculty Chairs	Yaser Ghani	Annabel Hayward
Delegates	Groups C&D	Groups A&B

13:20-14:10 Lunch

Afternoon Session

14:10-16:04 **Session 3: Building Your Empire****Faculty chairs Part 1: Annabel Hayward / Aureola Tong**

14:10-14:22 Setting yourself on BOFAS registry NCIP, MDOR Yaser Ghani

14:22-14:37 Safely introduce a new procedure / new service Callum Clark

14:37-15:07 Structured Discussion with Speakers & Chairs – 1 large Group

Faculty Chairs Part 2: Annabel Hayward / Aureola Tong

15:07-15:19 Quality improvement Hiro Tanaka

15:19-15:34 Building a centre of excellence/ Effective Team building/leading Venu Kavarthapu

15:34-16:04 Structured Discussion with Speakers & Chairs – 1 large Group

16:04-16:25 Coffee

16:25-17:25 Delegates Complex Clinical Cases & Mentor Networking – 15 minutes per case

Topics	Complex Cases 16:00-17:00			
Room	Cloisters	Griffin Room	Kellway	De Camville
Faculty	Clark/Pattison/Hayward	Davies/Tong/Young	Bissell/Ghani/Tanaka	Chapman/Kavarthapu/Williams
Delegates	Group A	Group B	Group C	Group D

17:25-17:55 Tips & Tricks for working in the private sector (All back in Cloisters) Tim Williams

18:00 Final questions / information on Day 2 Vivek Dhukaram

19:00 Course Dinner – The Stuart Room, Coombe Abbey

Day 2 Friday 8th November 2024

West Midlands Surgical Training Centre (WMSTC)

Ground Floor, West Wing, University Hospital, Coventry

Clifford Bridge Road, Coventry, CV2 2DX

07:15-07:30 Please leave Coombe Abbey at approximately 07:20 to get parked at UHCW in the Visitors Car Parks as traffic can be very heavy to get on site.

Meet on ground floor, Main Hospital Entrance at 07:45

Walk to lab together please as staff access badges are required.

Scrubs and shoes provided – but you may wish to bring your own scrubs if you prefer as the lab offers single use ones.

08:00	Meet in hospital	
08:15-08:30	Walk down to the lab to change into scrubs	
08:45-08:50	Introduction to the cadaveric course in Lecture Area	Vivek Dhukaram
08:50-09:00	Girdlestone-Taylor Toe Correction/Hallux Varus Correction	TBC
09:00-09:10	Lapidus Fusion	Anna Chapman
09:10-09:20	Medial Approach to Double fusion	Callum Clark
09:20-10:50	Cadaveric session 3 topics (1hour 30 mins = 30 mins per procedure)	
10:50-11:10	Coffee	
11:10-11:20	Posteromedial Approach to Ankle	Yaser Ghani
11:20-11:30	Tarsal Tunnel Decompression/Plantar Fascial Release	Iain Bissell
11:30-12:30	Cadaveric session 2 topics (1hour = 30 mins per procedure)	
12:30-13:10	Lunch	
13:10-13:20	Lateral Column Lengthening & Cotton Osteotomy	Vivek Dhukaram
13:20-13:30	Pearls of Wisdom: PMGR, Strayer & Insertional Achilles Surgery	Nilesh Makwana
13:30-13:40	Peroneal groove deepening/retinacular reconstruction	Hiro Tanaka
13:40-13:50	Talectomy and Tibio-Calcaneal Fusion	Mark Davies
13:50-15:30	Cadaveric session final 4 topics (1hour 40 mins = 25 mins per procedure)	
	(Coffee break available between 14:40-15:00 as table require)	
15:30	Close	

Course Feedback

The feedback for this course can be found as an online form. It is very quick and simple to complete. The course organiser is there to assist you should you have any issues accessing the form.

Once your feedback has been completed and submitted, a certificate will be emailed to you online. Please be careful to enter the correct email address on the form as the certificate is sent automatically. It may take a day or so, it is not immediate.

Please take the time to fill in the course feedback, as this will allow us to improve the programme for future participants. Please tell us what we did well and what we could do better next time.

Please scan the QR code with your phone or mobile device to access the course feedback form. You can download a QR scanner free of charge from your app store.

Deadline for feedback is Monday 11th November 2024

Feedback Link: <https://forms.gle/GQkAYM89Hi8ygNi86>

Code: N445603



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