

Programme - Wednesday 19th November

- 08.00 Registration
- 09.00 Welcome by Mr. Chris Walker, President BOFAS

Symposium – Infection around the foot and ankle- Chairman: Mr S Sirikonda

- 09.05 **Diagnosis**
Dr Rob Campbell: Liverpool, UK
- 09.35 **Principles and practice of treatment**
Mr Durai Nayagam: Liverpool, UK
- 10.15 **Ablative therapy for the foot and ankle**
Mr John Angel: Hertfordshire, UK
- 10.50 Coffee, biscuits, trade exhibition

Free Papers: Hindfoot & Ankle - Chairmen: Ms P Allen, Mr S Heppel

- 11.20 **TAR: a systematic review of the literature.**
N Gougoulas, A Khanna, DJ McBride, N Maffulli
Department of Trauma and Orthopaedic Surgery, Keele University School of Medicine
- 11.30 **Bone mineral density in the malleoli one year after TAR: a DEXA scan analysis**
P Lakshmanan, B Purushothaman, D Rowlings, P Patterson
Freeman Hospital
- 11.40 **Complications and early prognosis of simultaneous total ankle replacement and bony hindfoot surgery**
D Hinsley, P Rice, P Cooke, R Sharp
Nuffield Orthopaedic Centre
- 11.50 **TAR(Mobility)- early results**
Q Choudry S, Garg
Royal Lancaster Infirmary
- 12.00 **TAR - 4 to 6 year follow up of the ankle evolution system (AES) TAR**
S Morgan, B Brooke, N J Harris
Leeds Teaching Hospitals
- 12.10 **Tibialis Posterior Reconstruction using the Cobb Technique with an Updated Classification**
S Naim, D McBride, P Richards, S Parsons
University Hospital North Staffordshire
- 12.20 **Controlled randomized trial of use of popliteal block for pain relief in ankle and hindfoot surgery**
R Mahajan, R Dalal, C Cullen
Stepping Hill Hospital, Stockport
- 12.30 **The variability of joint communications as shown by contrast enhanced injections around the foot and ankle**

J Tomlinson, M R Carmont, C M Blundell, M B Davies
The Northern General Hospital Sheffield

12.40 **BMP-7 in revision hindfoot arthrodesis**
S Parker, S Hepple, I Winson
Avon Orthopaedic Centre, Southmead Hospital, Bristol

12.50 **Holy cow. Beware of the perils of tubobone in hindfoot fusion**
J Auyeung, S Patil, A Gower
University Hospital of North Durham

13.00 Lunch

Instructional Lectures – Charcot joint disease - Chairman: Mr A Robinson

14.00 **Pathogenesis, diagnosis and conservative management**
Prof. Andrew Boulton: Manchester, UK

14.35 **Splinting and casting techniques**
Mr Patrick Laing: Oswestry, UK

15.00 **Surgical management of Charcot foot and ankle**
Dr Lew Schon: Baltimore, USA

15.40 Tea, cake, trade exhibition

Guest Lecture - Chairman: Mr K Hariharan

16.10 **Managing osteoporotic ankle fractures**
Prof Hans Zwipp: Dresden, Germany

Free Papers: Trauma 1 - Chairmen: Mr S Henderson , Mr A Adair

16.50 **Operative timing in the management of closed ankle fractures**
SLF Doran, DT Loveday, AHN Robinson, N Rushton.
Addenbrooke's Hospital, Cambridge

17.00 **Operative fixation of unstable ankle fractures in patients over 80 years**
DG Shivarathre, P Chandran, S Platt
Wirral University Hospitals NHS Trust

17.10 **The cost saving of a discharge and readmit approach to the management of soft tissue swelling in unstable ankle fracture surgery**
G Williams, A Roche, M Hennessy
Arrowe Park Hospital, Merseyside

17.20 **Minimally invasive percutaneous plate osteosynthesis for ankle fracture fixation - a novel surgical technique and early results**
G S Carlile, N C L Giles
Royal Devon & Exeter Hospital

17.30 **Interventions for treating calcaneal fractures: a Cochrane review**
N Gougoulis, DJ McBride, A Khanna, N Maffulli
Keele University School of Medicine, University Hospital of North Staffordshire

- 17.40 **A prospective study of the use of a mini C-arm versus standard fluoroscopy in foot and ankle surgery**
E. Dawe, E. Fawzy, J. Kaczynski, P. Hassman
Worthing and Southlands Hospitals
- 17.50 **Comparison of transverse wires and half pins in Taylor spatial frame: a biomechanical study**
A Khurana, H Tanaka, K Hariharan
Gwent Hospital
- 18.00-19.30 Drinks reception – BT Convention Centre
- Evening Liverpool – European Capital of Culture
Free evening and corporate hospitality

Programme - Thursday 20th November

Allied Professions Meeting – BOFAS Auditorium

Three morning sessions dedicated to physiotherapists, nurses, podiatrists, orthotists and other professionals looking after foot and ankle conditions. This meeting is also open to delegates who are surgical trainees.

9.00 Welcome by Mr. Chris Walker, President BOFAS

9.05 **Session one**

Principles of Biomechanics & Orthoses

Prof R Abboud: Dundee, UK

10.05 **Session two**

Principles of treatment of The Diabetic Foot

Mr AHN Robinson: Cambridge, UK

How I do it – Total contact casting

Mr E Zammer: Cambridge, UK

10.45 Coffee and biscuits

11.15 **Session three – Forefoot Surgery**

Principles of Hallux Surgery

Mr RA Wilson: Belfast, UK

Principles of Lesser Toe Surgery

Mr SA Henderson: Belfast, UK

Problem case surgeries and workshops – Rooms 12, 8 & 9

9.00 **Problem case surgery – Room 12**

Chairmen: Mr RL Williams, Miss PE Allen

10.30 Coffee and biscuits

11.00 **Workshops – four 30 minute practical sessions**

Chairman: Mr S Bendall

De Puy	Room 12
WG	Room 8
Arthrex	Room 12
Northstar	Room 9

Rest and relaxation morning

8.00 **Golf** – Coach leaving Jury's Inn prompt (pre booked players only)
Tee off 8.30

Albert Dock (with partners programme if pre booked or "al fresco" if not)
Enjoy the Maritime Museum, Beatles Story or Tate Modern and the shops around the Albert Dock.

13.00 Lunch

13.15 **Synthes Workshop – Room 12** (light refreshments provided)

Symposium – Sports injuries around the hindfoot

Chairman: Mr M Solan

14.00 **Conservative management of soft tissue injuries**

Mr Mark Buckingham: Northampton, UK

14.30 **Sports injuries of the subtalar complex**

Dr Lew Schon: Baltimore, USA

15.00 **Sports related heel pain**

Mr Dishan Singh: Middlesex, UK

15.30 Tea, cake, trade exhibition

Free Papers: Trauma 2

Chairmen: Mr M Hennessy, Mr S Platt

16.00 **Physical examination of the foot and ankle by orthopaedic and accident & emergency physicians**

A Roche, L Hunter, N Pocock, D Brown

The Royal Liverpool and Broadgreen Univeristy Hospitals NHS Trust

16.10 **Accuracy of MRI scan in the diagnosis of ligamentous and chondral pathology in the ankle**

S Joshy, U Abdulkadir, S Chaganti, B Sullivan, K Hariharan

Royal Gwent Hospital

16.20 **Localisation of osteochondral lesions of the talar dome**

J W Croft, E Paling, M Davies, C M Blundell

Department of Orthopaedics, Sheffield Teaching Hospitals

16.30 **The relation of ball release speed to the biomechanics of the ankle in the cricket fast bowler**

S.L.Bali, R.Thomas

University of Roehampton, London

16.40 **Functional early weight bearing rehabilitation of Achilles tendon rupture. The influence of re-rupture rates and outcome scores**

G Jackson, V Sinclair, C McLaughlin, J Barrie

Royal Blackburn Hospital

16.50 **Apoptosis - the cause of Achilles tendinosis?**

C Pearce, M Nohadani, J Calder

Basingstoke Hospital and Imperial College London

Instructional Lecture - Chairman: Mr A Sakellariou

- 17.00 **Surgical management of injuries and ailments of the ankle**
Dr J Chris Coetzee: Minneapolis, USA
- 17.40 Adjournment
- 18.45 Coaches from hotels
- 19.00 **The BOFAS Annual Dinner**
St George's Hall, Liverpool
Guests of Honour: Professor & Mrs L Klenerman
Guest Speaker: Mr Ben Hunt-Davis MBE

Programme - Friday 21st November

Free Papers: Forefoot - Chairman: Mr R Sharp, Mr A Goldberg

- 09.00 **Results of a survey of the use of sciatic nerve blocks amongst foot and ankle surgeons in North America and the UK**
P Hamilton, C Pearce, S Pinney, J Calder
Basingstoke and North Hampshire Hospital
- 09.10 **Toe miscommunication: a risk for wrong site surgery**
T B Beckingsale, M A Greiss
West Cumberland Hospital
- 09.20 **Quantitative analysis of bacteria in forefoot surgery: a comparison of skin preparation techniques**
K Cheng, H Robertson, A Leanord, J P St-Mart, I Mcleod
Monklands Hospital
- 09.30 **Proximal release of the Gastrocnemius - surgical anatomy**
P Hamilton, N Ferguson, M Brown, M Adebibi
Brighton and Sussex Medical School
- 09.40 **Interpretation of the Scarf Osteotomy by Ten Surgeons**
MB Davies, AD McCarthy, CM Blundell
Sheffield Foot & Ankle Unit
- 09.50 **Outcome of the scarf osteotomy in adolescent hallux valgus**
DG Shivarathre, PN Unnikrishnan, HL George, J Casaletto
Alder Hey Children's NHS Foundation Trust
- 10.00 **A prospective study of the scarf and Ludloff osteotomy in the treatment of hallux valgus associated with metatarsus primus varus**
M Bhatia, C Eaton, L Bishop, AHN Robinson
Addenbrookes Hospital, Cambridge
- 10.10 **1st Metatarsal Head Inlay Resurfacing for Advanced Hallux Rigidus**
C T Hasselman, N Shields
University of Pittsburgh Medical Center / University of Kansas School of Medicine
- 10.20 **Mid term result of the MOJE MTPJ replacement - an improvement on previous designs?**
I McGraw, S S Jameson, C S Kumar
Glasgow Royal Infirmary
- 10.30 **3 to 5 year outcomes of MOJE arthroplasty for Hallux Rigidus**
D Damany, M Farrar
Royal Bournemouth and Christchurch Hospitals
- 10.40 Coffee, biscuits, trade exhibition

Instructional Lectures – New techniques in the forefoot - Chairman: Mr A Sakellariou

- 11.10 **1st MTP joint arthroscopy**
Mr Kartik Hariharan: Newport, UK
- 11.30 **Worn articular cartilage**

Dr Dieter Nollau: Munich, Germany

11.50 **Minimal invasive forefoot surgery**
Dr Joel Vernois: Amiens, France

12.10 **Pitfalls of taking on new techniques**
Dr J Chris Coetzee: Minneapolis, USA

12.30 **Discussion**

Travelling Fellowship Reports – Mr K Hariharan, Chairman Education Committee

12.40 Mr William Jackson

12.45 Mr Matthew Hope

12.50 Andrew Goldberg

12.55 Christopher Pearce

Prizes – Mr A Robinson, Chairman Scientific Committee

13.00 **PODIUM**
DJO Chang Chen £2000
DJO 2nd Prize £1000
BOFAS 3rd Prize £250

13.05 **POSTERS**
BOFAS 1st Prize £250
BOFAS 2nd Prize £100

13.10 Lunch

13.20 **BOFAS AGM** (working lunch)

14.55 Hand over to Mr. Dishan Singh, President Elect

15.00 Finish