Programme - Wednesday 19th November

08.00 Registration
09.00 Welcome by Mr. Chris Walker, President BOFAS

Symposium – Infection around the foot and ankle - Chairman: Mr S Sirikonda

09.05 Diagnosis
Dr Rob Campbell: Liverpool, UK

09.35 Principles and practice of treatment
Mr Durai Nayagam: Liverpool, UK

10.15 Ablative therapy for the foot and ankle
Mr John Angel: Hertfordshire, UK

10.50 Coffee, biscuits, trade exhibition

Free Papers: Hindfoot & Ankle - Chairmen: Ms P Allen, Mr S Heppel

11.20 TAR: a systematic review of the literature.
N Gougoulias, A Khanna, DJ McBride, N Maffulli
Department of Trauma and Orthopaedic Surgery, Keele University School of Medicine

11.30 Bone mineral density in the malleoli one year after TAR: a DEXA scan analysis
P Lakshmanan, B Purushothaman, D Rowlings, P Patterson
Freeman Hospital

11.40 Complications and early prognosis of simultaneous total ankle replacement and bony hindfoot surgery
D Hinsley, P Rice, P Cooke, R Sharp
Nuffield Orthopaedic Centre

11.50 TAR(Mobility)- early results
Q Choudry S, Garg
Royal Lancaster Infirmary

12.00 TAR - 4 to 6 year follow up of the ankle evolution system (AES) TAR
S Morgan, B Brooke, N J Harris
Leeds Teaching Hospitals

12.10 Tibialis Posterior Reconstruction using the Cobb Technique with an Updated Classification
S Naim, D McBride, P Richards, S Parsons
University Hospital North Staffordshire

12.20 Controlled randomized trial of use of popliteal block for pain relief in ankle and hindfoot surgery
R Mahajan, R Dalal, C Cullen
Stepping Hill Hospital, Stockport

12.30 The variability of joint communications as shown by contrast enhanced injections around the foot and ankle
Instructional Lectures – Charcot joint disease - Chairman: Mr A Robinson

14.00  Pathogenesis, diagnosis and conservative management  
Prof. Andrew Boulton: Manchester, UK

14.35  Splinting and casting techniques  
Mr Patrick Laing: Oswestry, UK

15.00  Surgical management of Charcot foot and ankle  
Dr Lew Schon: Baltimore, USA

15.40  Tea, cake, trade exhibition

Guest Lecture - Chairman: Mr K Hariharan

16.10  Managing osteoporotic ankle fractures  
Prof Hans Zwipp: Dresden, Germany

Free Papers: Trauma 1 - Chairmen: Mr S Henderson, Mr A Adair

16.50  Operative timing in the management of closed ankle fractures  
SLF Doran, DT Loveday, AHN Robinson, N Rushton.  
Addenbrooke's Hospital, Cambridge

17.00  Operative fixation of unstable ankle fractures in patients over 80 years  
DG Shivarathre, P Chandran, S Platt  
Wirral University Hospitals NHS Trust

17.10  The cost saving of a discharge and readmit approach to the management of  
soft tissue swelling in unstable ankle fracture surgery  
G Williams, A Roche, M Hennessy  
Arrowe Park Hospital, Merseyside

17.20  Minimally invasive percutaneous plate osteosynthesis for ankle fracture  
fixation - a novel surgical technique and early results  
G S Carlile, N C L Giles  
Royal Devon & Exeter Hospital

17.30  Interventions for treating calcaneal fractures: a Cochrane review  
N Gougoulias, DJ McBride, A Khanna, N Maffulli  
Keele University School of Medicine, University Hospital of North Staffordshire
17.40  A prospective study of the use of a mini C-arm versus standard fluoroscopy in foot and ankle surgery  
E. Dawe, E. Fawzy, J. Kaczynski, P. Hassman  
Worthing and Southlands Hospitals

17.50  Comparison of transverse wires and half pins in Taylor spatial frame: a biomechanical study  
A Khurana, H Tanaka, K Hariharan  
Gwent Hospital

18.00-19.30  Drinks reception – BT Convention Centre

Evening  Liverpool – European Capital of Culture  
Free evening and corporate hospitality
Programme - Thursday 20th November

Allied Professions Meeting – BOFAS Auditorium
Three morning sessions dedicated to physiotherapists, nurses, podiatrists, orthotists and other professionals looking after foot and ankle conditions. This meeting is also open to delegates who are surgical trainees.

9.00 Welcome by Mr. Chris Walker, President BOFAS

9.05 Session one

Principles of Biomechanics & Orthoses
Prof R Abboud: Dundee, UK

10.05 Session two

Principles of treatment of The Diabetic Foot
Mr AHN Robinson: Cambridge, UK

How I do it – Total contact casting
Mr E Zammer: Cambridge, UK

10.45 Coffee and biscuits

11.15 Session three – Forefoot Surgery

Principles of Hallux Surgery
Mr RA Wilson: Belfast, UK

Principles of Lesser Toe Surgery
Mr SA Henderson: Belfast, UK

Problem case surgeries and workshops – Rooms 12, 8 & 9

9.00 Problem case surgery – Room 12
Chairmen: Mr RL Williams, Miss PE Allen

10.30 Coffee and biscuits

11.00 Workshops – four 30 minute practical sessions
Chairman: Mr S Bendall

De Puy Room 12
WG Room 8
Arthrex Room 12
Northstar Room 9

Rest and relaxation morning

8.00 Golf – Coach leaving Jury’s Inn prompt (pre booked players only)
Tee off 8.30
Albert Dock (with partners programme if pre booked or “al fresco” if not)
Enjoy the Maritime Museum, Beatles Story or Tate Modern and the shops around the Albert Dock.

13.00 Lunch

13.15 Synthes Workshop – Room 12 (light refreshments provided)
Symposium – Sports injuries around the hindfoot
Chairman: Mr M Solan

14.00 Conservative management of soft tissue injuries
Mr Mark Buckingham: Northampton, UK

14.30 Sports injuries of the subtalar complex
Dr Lew Schon: Baltimore, USA

15.00 Sports related heel pain
Mr Dishan Singh: Middlesex, UK

15.30 Tea, cake, trade exhibition

Free Papers: Trauma 2
Chairmen: Mr M Hennessy, Mr S Platt

16.00 Physical examination of the foot and ankle by orthopaedic and accident & emergency physicians
A Roche, L Hunter, N Pocock, D Brown
The Royal Liverpool and Broadgreen University Hospitals NHS Trust

16.10 Accuracy of MRI scan in the diagnosis of ligamentous and chondral pathology in the ankle
S Joshy, U Abdulkadir, S Chaganti, B Sullivan, K Hariharan
Royal Gwent Hospital

16.20 Localisation of osteochondral lesions of the talar dome
J W Croft, E Paling, M Davies, C M Blundell
Department of Orthopaedics, Sheffield Teaching Hospitals

16.30 The relation of ball release speed to the biomechanics of the ankle in the cricket fast bowler
S.L.Bali, R.Thomas
University of Roehampton, London

16.40 Functional early weight bearing rehabilitation of Achilles tendon rupture. The influence of re-rupture rates and outcome scores
G Jackson, V Sinclair, C McLaughlin, J Barrie
Royal Blackburn Hospital

16.50 Apoptosis - the cause of Achilles tendinosis?
C Pearce, M Nohadani, J Calder
Basingstoke Hospital and Imperial College London
**Instructional Lecture** - Chairman: Mr A Sakellariou

17.00  **Surgical management of injuries and ailments of the ankle**  
Dr J Chris Coetzee: Minneapolis, USA

17.40  Adjournment

18.45  Coaches from hotels

19.00  **The BOFAS Annual Dinner**  
St George’s Hall, Liverpool  
Guests of Honour: Professor & Mrs L Klenerman  
Guest Speaker: Mr Ben Hunt-Davis MBE
Programme - Friday 21st November

Free Papers: Forefoot - Chairman: Mr R Sharp, Mr A Goldberg

09.00  Results of a survey of the use of sciatic nerve blocks amongst foot and ankle surgeons in North America and the UK  
P Hamilton, C Pearce, S Pinney, J Calder  
Basingstoke and North Hampshire Hospital

09.10  Toe miscommunication: a risk for wrong site surgery  
T B Beckingsale, M A Greiss  
West Cumberland Hospital

09.20  Quantitative analysis of bacteria in forefoot surgery: a comparison of skin preparation techniques  
K Cheng, H Robertson, A Leanord, J P St-Mart, I Mcleod  
Monklands Hospital

09.30  Proximal release of the Gastrocnemius - surgical anatomy  
P Hamilton, N Ferguson, M Brown, M Adebibi  
Brighton and Sussex Medical School

09.40  Interpretation of the Scarf Osteotomy by Ten Surgeons  
MB Davies, AD McCarthy, CM Blundell  
Sheffield Foot & Ankle Unit

09.50  Outcome of the scarf osteotomy in adolescent hallux valgus  
DG Shivarathre, PN Unnikrishnan, HL George, J Casaletto  
Alder Hey Children's NHS Foundation Trust

10.00  A prospective study of the scarf and Ludloff osteotomy in the treatment of hallux valgus associated with metatarsus primus varus  
M Bhatia, C Eaton, L Bishop, AHN Robinson  
Addenbrookes Hospital, Cambridge

10.10  1st Metatarsal Head Inlay Resurfacing for Advanced Hallux Rigidus  
C T Hasselman, N Shields  
University of Pittsburgh Medical Center / University of Kansas School of Medicine

10.20  Mid term result of the MOJE MTPJ replacement - an improvement on previous designs?  
I McGraw, S S Jameson, C S Kumar  
Glasgow Royal Infirmary

10.30  3 to 5 year outcomes of MOJE arthroplasty for Hallux Rigidus  
D Damany, M Farrar  
Royal Bournemouth and Christchurch Hospitals

10.40  Coffee, biscuits, trade exhibition

Instructional Lectures – New techniques in the forefoot - Chairman: Mr A Sakellariou

11.10  1st MTP joint arthroscopy  
Mr Kartik Hariharan: Newport, UK

11.30  Worn articular cartilage
Dr Dieter Nollau: Munich, Germany

11.50 **Minimal invasive forefoot surgery**
Dr Joel Vernois: Amiens, France

12.10 **Pitfalls of taking on new techniques**
Dr J Chris Coetzee: Minneapolis, USA

12.30 Discussion

**Travelling Fellowship Reports** – Mr K Hariharan, Chairman Education Committee

12.40 Mr William Jackson
12.45 Mr Matthew Hope
12.50 Andrew Goldberg
12.55 Christopher Pearce

**Prizes** – Mr A Robinson, Chairman Scientific Committee

13.00 **PODIUM**
DJO Chang Chen £2000
DJO 2nd Prize £1000
BOFAS 3rd Prize £250

13.05 **POSTERS**
BOFAS 1st Prize £250
BOFAS 2nd Prize £100

13.10 Lunch

13.20 **BOFAS AGM** (working lunch)

14.55 Hand over to Mr. Dishan Singh, President Elect

15.00 Finish