PROGRAMME

Wednesday, 4th November

08.00 Registration

09.00 Welcome by Mr Dishan Singh, President BOFAS

Symposium: Pes cavus
Chairmen: Mr P Cooke & Mr S Hepple

09.05 Anatomy & biomechanics of hindfoot Jan Louwerens

09.25 Conservative management of pes cavus Michael Stephens

09.40 Surgical management of pes cavus Wolfram Wenz

10.10 Case discussions All panel

11.00 Coffee, biscuits & trade exhibition

Free Papers
Chairmen: Mr S Henderson & Mr A Henderson

11.30 The epidemiology of foot injuries in professional rugby union
Pearce C, Brooks J, Kemp S, Calder J
Basingstoke and North Hampshire NHS Foundation Trust

11.37 Static and dynamic analysis of foot structure in athletes sustaining Jones stress fractures
Meir N, Ifthach H, Gideon M, Moshe A
Meir Medical Centre, Israel

11.44 Operative treatment of stress fractures of the fifth metatarsal in elite professional footballers
Tansey C, Parsons S, Hodkinson J
Wrightington Hospital, Wigan

11.51 Ankle arthroscopy: is pre-operative marking of the superficial peroneal nerve important?
Suzangar M, Rosenfeld P
St Mary’s Hospital, London

11.58 Early results of posterior ankle arthroscopy for hindfoot impingement: experience from a District General Hospital
Sandiford N, Weitzel S
St Mary’s Hospital, Sidcup

12.15 Is there a learning curve in foot and ankle surgery?
Walton R, Theodorides A, Molloy A, Melling D
12.12 Patient satisfaction in foot and ankle surgery – the most useful patient reported outcome measure?  
Oddy MJ, Jones S, Flowers MJ, Davies MB, Blundell CM  
Sheffield Teaching Hospitals NHS Trust

12.19 Proximal medial release of the gastrocnemius in the treatment of recalcitrant plantar fasciitis  
Abbassian A, Kohls-Gatzoulis J, Solan M  
Royal Surrey County Hospital, Guildford

12.26 Major complications following foot and ankle surgery – analysis using national hospital episode statistics  
Jameson S, James P, Oliver K, Townshend D, Reed M  
Northumbria Healthcare NHS Trust

**Guest Lecture**  
Chairman: Mr J Angel

12.33 Tumours of the foot and ankle  
Prof Tim Briggs

13.00 Lunch and trade exhibition

**Symposium: Hindfoot arthrodesis**  
Chairmen: Mr K Hariharan & Mr M Davies

14.00 Biology of bone regeneration  
Prof David Marsh

14.15 How to achieve union  
Dishan Singh

14.25 How to assess union  
Michael Coughlin

14.35 Arthroscopic versus open arthrodesis  
Ian Winson

14.50 Discussion

15.10 Hindfoot arthrodesis and tendon transfer  
Michael Stephens

15.20 Arthrodesis with external fixation  
Sunil Dhar

15.30 Correction of severe hindfoot deformity  
Wolfram Wenz

15.50 Discussion/ cases

16 15 Tea, cake & trade exhibition
Free Papers
Chairmen: Mr M Hennessy & Mr M Davies

16.45 Coding issues in foot and ankle surgery
Barrie JL, Taylor P
East Lancashire Foot and Ankle Service

16.52 HRG4 codes – does surgeon input improve coding accuracy and optimise trust income in foot and ankle surgery.
Dunning M, Taylor H
Royal Bournemouth Hospital

16.59 The importance of getting coding right in foot and ankle surgery. An audit of current practice in our unit
Hamilton P, Piper-Smith J, Singh S, Jones I
Guy’s Hospital, London

17.06 Arthroscopic and open ankle fusion in haemophiliacs - a tale of two cities
Nuffield Orthopaedic Centre, Oxford

17.13 Pinching from the Shoulder? Use of PHILOS plate or blade plate as a fixed angle device for complex Tibiotalar and Tibiotalocalcaneal Fusion
Pradhan R, Rosenfeld PF
St Mary’s Hospital, London

17.20 Hindfoot arthrodesis: effect of early weight bearing on union rate. One to six-year follow-up
Hajipour L, Allen PE
Leicester General Hospital

17.27 A comparison of two night ankle-foot orthoses used in the treatment of plantar fasciitis.
Attard J, Singh D, Cullen N, Gemmell E, Cooper K, Smith K
Royal National Orthopaedic Hospital, Stanmore

17.34 Radiological diagnosis of degenerate change of the subtalar joint: a study comparing the reported degree of osteoarthritis in a plain radiograph when compared with a CT scan
Day M, Topliss CJ
Swansea Hospital, Morriston

17.44 The Use of Thromboprophylaxis for Total Ankle Replacements
Townshend D, Lovell B
The Freeman Hospital, Newcastle upon Tyne

17.51 The distal branches of the sural nerve and their relationship to the bony landmarks of the lateral part of the foot
Baird EJ, Fogg QA, Clayton RAE, Sentil Kumar C, Patterson P
Glasgow Royal Infirmary

17.58 Popliteal nerve block for hind foot surgery in a DGH setting
Sampathkumar K, Irby S, Williamson D
Great Western Hospital NHS Foundation Trust, Swindon

18.05 Adjournment

19.00 Corporate Hospitality
Thursday, 5th November

08.00  Registration

**Early Bird Symposium**  
Chairman: Mr F Robinson

08.00  Coding  
Trish Allen

08.30  Joint registry  
Paul Cooke & Andy Goldberg

**Symposium: The Adult Flat Foot**  
Chairmen: Mr S Henderson & Mr C Walker

09.00  Anatomy and pathology  
Hans Trnka

09.15  Classification, Clinical Disability  
Steve Parsons

09.30  Orthotic management  
Jim Barrie, Kerry Longrigg & Tracey Middleton-Duff

09.45  Management with physiotherapy  
Ingrid Traynor

10.00  Surgical management  
Michael Coughlin

10.15  Discussion

10.30  Coffee, biscuits & trade exhibition

**Breakout Sessions**

11.00  Case discussions on adult flat foot  
Chairmen: Mr D Singh & Mr F Robinson

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<td>ALPS - Nick Harris</td>
<td>Foot plating - Nick Geary</td>
<td>IM nailing - Ian Winson (1 hour)</td>
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11.00  Problem cases: Xray discussion  
Trish Allen, Paul Cooke & Alistair Henderson

Venue: Buckingham 4

11.00  Workshops

13.00  Lunch and trade exhibition, **Aircast Workshop (Wessex 6)** & Poster viewing
Guest Lecture
Chairman: Mr D Singh

14.15 MRI of forefoot disorders
Paul O'Donnell

Symposium: Metatarsalgia
Chairmen: Mr A Sakellariou & Mr S Bendall

14.45 Metatarsalgia with callosities
Case discussions
Jan Louwerens
Nilesh Makwana & panel

15.15 Metatarsalgia without callosities
Case discussions
Hans Trnka
Matt Solan & panel

16.00 Tea, cake & trade exhibition

Free Papers
Chairmen: Mr B Harries & Mr D Robinson

16.30 Ultrasonography in the diagnosis of ankle and foot fractures presenting to the emergency department
Canagasabey MD, Callaghan M, Carley S
Manchester Royal Infirmary

16.37 Radiographic evaluation of the distal tibiofibular syndesmosis
Shah AS, Kadakia AR, Tan GJ, Karadsheh MS, Sabb B
University of Michigan Hospitals

16.44 Ankle Tightrope syndesmosis fixation: a review of 38 cases.
Gadd RJ, Storey PA, Davies MB, Blundell CM
Sheffield Foot and Ankle Unit

16.51 Pragmatic treatment of fractures of uncertain stability: clinical features and risk of displacement
Akhtar S, Fox A, Barrie J
East Lancashire Foot and Ankle Services

16.58 A prospective comparison study assessing a patient centered home therapy program for unstable ankle fractures
Martin R, Hartlet R, Rajagopalan S
Poole Hospital

17.05 Preliminary results of closed reduction of intra-articular calcaneal fracture with Ilizarov frame
El-Mowafi H, Refai M
Mansoura University Hospital, Egypt

17.12 Association between glycosylated hemoglobin and the risk of lower extremity amputations in diabetes mellitus – review and meta-analysis
Adler A, Erqou S, Lima TAS, Robinson AHN
Cambridge University Hospitals NHS Trust

17.19 Long term dynamic function of tibialis posterior tendon following Cobb procedure and Rose calcaneal osteotomy for pes planus
Malek IA, Sumroo T, Fleck R, Siddique M.
Freeman Hospital, Newcastle upon Tyne

17.26 Management of early tibialis posterior dysfunction by structured physiotherapy
Dhukaram V, Hyde AK, Best A
University Hospital Leicester
17.33 Adult acquired flatfoot: a 13-year prospective series
Jackson G, Akhtar S, Roberts N, McLaughlin C, Barrie J
East Lancashire Foot and Ankle Services

17.40 Flexor digitorum longus tendon exposure for flatfoot reconstruction. A comparison of two methods in a cadaveric model
Oddy MJ, Flowers MJ, Davies MB
Sheffield Teaching Hospitals NHS Foundation Trust

Presidential Guest Lecture
Chairman: Mr D Singh

17.47 Eponyms in foot & ankle surgery Ian Stephen

18.15 Adjournment

19.15 Champagne reception – The Old Chapel, Beaumont House

20.00 BOFAS Annual Dinner
Hanover Suite
Beaumont House
Friday, 6th November

08.00  Registration

08.30  Website discussion   Nick Geary

Guest Lecture  
Chairman: Mr C Walker

09.00  Hallux rigidus   Michael Coughlin

Symposium: Lesser toes  
Chairmen: Ms B Scammell & Mr J Ritchie

09.30  Claw toes and hammer toes   Jan Louwerens
09.40  Instability of the metatarsophalangeal joint   Michael Coughlin
10.00  Iatrogenic floppy lesser toe   Jim Barrie
10.10  Case discussion   Nick Cullen & panel
10.45  Coffee, biscuits & trade exhibition

Guest Lecture  
Chairman: Mr N Cullen

11.15  Nerve injuries of the foot & ankle: the neglected orphan   Prof Rolfe Birch

Free Papers  
Chairmen: Ms P Allen & Prof N Maffulli

11.45  The basal opening wedge osteotomy for hallux valgus: does it work?  
East Lancashire NHS Trust

11.52  The treatment of the hallux valgus with a percutaneous chevron osteotomy  
Vernois J  
Sussex Orthopaedic NHS Treatment Centre

11.59  Early experience with a minimally invasive modified chevron & Akin osteotomy for hallux valgus  
Redfern D, Gill I, Harris M  
Brighton & Sussex University Hospitals

12.06  Hammer toe correction: a comparative study of K wire versus bioabsorbable fixation  
Malek I, Torres P, Soomro T, Siddique M  
Freeman Hospital, Newcastle upon Tyne

12.13  Relationship between functional foot orthotic use and ankle proprioception  
Akrawi H, Bolland BJ, Healey M, Savva N, Bowyer GW  
Southampton University Hospitals NHS Trust

12.20  Comparison of 1st MTPJ fixation between Hallu-fix plate and ACE screws  
Cheung W, Robb C, Prem H  
Royal Orthopaedic Hospital, Birmingham
12.27 Imaging plantar plate tears in lesser metatarsophalangeal joints: MRI vs ultrasound arthrography
Barrie J, Khan S, Enion D, Dodds N
East Lancashire Foot and Ankle Service

12.34 Lesser Metatarsophalangeal Instability: A cohort study of clinical features and outcomes
Peck CN, MacLeod A, Barrie J
East Lancashire Foot and Ankle Service

12.41 Proximal interphalangeal joint fusion with Stay Fuse
Fazal MA, Williams RL
Princess Grace Hospital, London

12.48 The plantar approach to the foot: a new surgical approach for tarsometatarsal joint surgery
Clayton R, Mullen M, Baird E, Patterson P, Fogg Q, Kumar S
Department of Orthopaedic Surgery, Glasgow Royal Infirmary and Department of Human Anatomy, Glasgow University

12.55 Results of tarso-metatarsal joint fusion using a low profile locking plate
Kulkarni A, Soomro T, Siddique M
The Freeman Hospital, Newcastle upon Tyne

13.02 Lunch & trade exhibition

14.00 BOFAS Annual General Meeting

15.00 Travelling Fellowship Reports
Chairmen: BOFAS Education Committee

Amit Amin
Michael Karski
Anthony Perera

15.15 Prizes for best papers and best posters
Chairmen: BOFAS Scientific Committee

15.25 Handover to Mr Sunil Dhar, President Elect

15.30 Close